



The Houston Psychiatric Society invites you to the upcoming in-person lecture.

**Wednesday, November 15, 2023**

6:30 p.m. – Networking Reception

7:00 p.m. – Dinner & Presentation

## **The Briar Club**

2603 Timmons Ln | Houston, TX 77027

Complimentary Valet & Self-Parking

## **“Therapy for Pain Management”**

According to the Centers for Disease Control and Prevention, 50 million adults in the United States have chronic daily pain, with 19.6 million adults experiencing high impact chronic pain that interferes with daily life or work activities. The cost of pain to our nation is estimated at between \$560 billion and \$635 billion annually. At the same time, our nation is facing an opioid crisis that, over the past two decades, has resulted in an unprecedented wave of overdose deaths associated with prescription opioids, heroin, and synthetic opioids. Education aims to help patients make sense of their pain and reconceptualize their understanding of the societal view of pain being linked to harm or damage. The primary goal of patient education should be to facilitate understanding that there are many alternatives, therapies, and or interventions to have some peace from pain.

*presented by*

### **Blanca Estela Figueroa, LPC-S**

Therapist Behavioral Health

Legacy Community Health

RSVP by Monday, November 13 at <https://houstonpsychiatry.org/rsvp/>

OR Fax (713) 526-1434

NAME: \_\_\_\_\_

GUEST: \_\_\_\_\_

#### **Dinner Cost:**

**HPS Members: \$25.00**

**Nonmembers/Guests: \$45.00**

**Residents: No Charge**

**Students: By Invitation**

Credit cards, cash or checks payable to HPS are accepted at the registration table.